

**Navy Yacht Club Long Beach
Sailing Instructions**

1. Rules

- 1.1 The regatta will be governed by *The Racing Rules of Sailing for 2009-2012* (RRS), The prescriptions of the United States Sailing Association, the rules of the participating classes, the notice of race, except as any of these are changed by the sailing instructions, and by these sailing instructions.
- 1.2 PHRF class boats must use their Area C "RLC" Rating.
- 1.3 All spinnakers and or double headsails shall be down on deck before entering the Alamitos Bay Jetty.
- 1.4 An imaginary line connecting all channel buoys from the Alamitos Bay Jetty entrance to the finish line shall be considered a continuous obstruction in accordance with racing rule 18.5.

2. Notices to Competitors

- 2.1 Any additional instructions will be posted on the bulletin board before 0900 hours on the day of the race or be given orally before the race from the committee boat.

3. Communications

- 3.1 All Regatta radio communications will be over Channel 68. All boats shall monitor this frequency.

4. Changes in Sailing Instructions

- 4.1 The Principal Race Officer may give oral instructions from the race committee boat.

5. Eligibility and Schedule of Races

- 5.1 The Notice of Race establishes eligibility requirements. The race committee reserves the right to modify the schedule by either written or oral notices.

6. Class Flags Identification

- For class identification each boat shall display an International Numeral Pennant from her permanent Backstay, unless amended by SI for that race: PHRF A Spin "Two", PHRF B Spin "Five", PHRF C Spin "Seven", PHRF A NS "Four", PHRF B NS "Eight", One-Design "None Required".

7. Starting Schedule

- 7.1 The warning times, starting order will be posted on the bulletin board 1800 hours the evening prior to the race.

8. Course

- 8.1 The course will be selected from those on the Navy Regatta Course Chart for that race and displayed by number pennant on a staff or on a white board displayed on the Committee Boat.
- 8.2 Marks shall be rounded to port unless the mark designated is followed by a small "s", that mark must be rounded or passed to starboard.

9. Start

- 9.1 Races will be started using rule 26 with the warning signal given (5) five minute before the starting signal.
- 9.2 There will be one start for each Class.
- 9.3 The starting line will be a straight line between two marks, each with an orange flag on a staff (one may be aboard the race committee signal boat).
- 9.4 Contestants shall stay clear of the starting area and the boats maneuvering to start, until their preparatory signal and shall not fly jibs within 200 yards of the starting line until the warning signal for their class. Only the race committee may protest violations of this instruction.

10. Recalls

- 10.1 Individual recalls will be signaled using rule 29.2. Sail numbers will not be hailed.
- 10.2 A general recall will be signaled using rule 29.3. When a general recall has been signaled, the start(s) for the succeeding class will be delayed accordingly. Courses may change for the recalled class.

11. Finish

- 11.1 The finish line will be a straight line between two marks, NYCLB flagpole and a mark with an orange flag on a staff with a heading of 110 degrees to the flagpole.

12. Penalty System

- 12.1 The 720° Turns Penalty is modified to one 360° turn, this changes rule 44.2.

13. Time Limit

- 13.1 The time limit will be 1630 hours. No boats will be finished after that time.

14. Protest and Mediation and Requests for Redress

- 14.1 A protesting yacht must fly a Bravo flag and hail the protested boat immediately if possible and notify the committee boat after finishing the race.
- 14.1. Protests shall be written and delivered to the Race Committee immediately or no later than one and one hour after the last finished boat in the race. The protest committee will meet after the race at Navy Yacht Club Long Beach, if necessary.

15. SCORING

- 15.1. The Low Point Scoring System of Appendix A will apply.
- 15.2. A DNF (Did not finish) shall score points equal to the number of finishers plus one. A DSQ (Disqualified) and OCS (On Course Side) will score the number of finishers plus two. A DNC (Did not come to the starting area) or DNS (Did not start) will score the number of entries in her class in the series or individual race. A DNF boat not reporting herself as a DNF to the race committee within 30 minutes after the last boat finishes shall be scored DNC.

16. TROPHIES

- 16.1. Trophies will be presented at Navy Yacht Club Long Beach for each class after the race. Trophies for each class: 5 boats (2), 8 boats (3), 12 or more (4).